

Stay-at-Work and Return-to-Work Service Group

*Your one-stop-shop for Safety, Wellness, Injury Prevention, Return to Work,
and Cal/OSHA compliance*

Balance & Motion for Health:

- Injury & Illness Prevention Program (IIPP) for Ergonomics
- Behavioral-based injury prevention classes/Ergonomic classes
- Office workplace / Material handler classes / Train the Trainer
- Individual employee evaluations
- Classes in **Spanish** and **English**
- Wellness programs and nutrition

DMG - Diversified Management Group:

- Job descriptions and Job analyses
- Identification of Essential Functions, Physical and Environmental Job Demands
- Monitoring of Return-to-Work status with physicians
- Development of Transitional “Task Bank” for temporary light duty work needs
- Identification of temporary and permanent job accommodations
- Facilitation of the workers’ compensation modified/alternative work search
- Training and coaching on the “Interactive Process” (job accommodations)
- Ergonomic assessments and training

Safety Training: *(contact Balance & Motion for Health)*

- Confined Space Awareness Entrant
- Confined Space Rescue
- Fall Protection Competent Person
- Hazard Communication
- Lockout Tagout Test
- Respiratory Protection
- CPR/AED
- Blood Borne Pathogen (BBP)
- Hearing Conservation
- Electrical Safety
- Asbestos Awareness
- Fire Extinguishers
- Heat Stress
- Forklift Certification
- Industrial First Aid

Contact Information:

Balance and Motion for Health
Dr. Sheila O’Halloran
Phone: 707-894-4544
DrSheila@BalanceMotionHealth.com
www.BalanceMotionHealth.com
207A North Cloverdale Blvd. #244
Cloverdale, CA 95425

DMG: Diversified Management Group
Roberta Etcheverry
Phone: 800-746-4364 x 105
RobertaE@DMG-at-Work.com
www.DMG-at-Work.com
1855 Gateway Blvd., #760
Concord, CA 94520